

Osama Ibrahim Daradkeh

Physical Education & Sports Science | University Lecturer | Academic Researcher | Racket Games Coach

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PROFESSIONAL SUMMARY

Dedicated University Lecturer, Academic Researcher, and Sports Science Professional with a Master's degree in Physical Education from Yarmouk University and a strong academic background in health and psychological care for athletes, physical education, and racket sports. Experienced in university teaching, scientific research, sports coaching, student guidance, and the organization of sports activities and academic events. Demonstrated research experience through published and accepted Scopus-indexed studies addressing athlete healthcare, mental health, physical activity, health behaviors, and sports psychology. Skilled in integrating technology, artificial intelligence, scientific research, and evidence-based practices into sports education and training. Experienced as a Badminton Coach and sports referee across multiple disciplines, with a strong commitment to developing athletes, supporting students, advancing sports sciences, and contributing to academic and community well-being.

Work Experience

- ✓ **Lecturer in Physical Education** **Oct 2025 – present**
Jadara University – Faculty of Sport Sciences, Irbid, Jordan.
 - Deliver academic lectures and teach physical education and sports science courses through theoretical and practical learning.
 - Conduct scientific research and studies in the fields of physical education and sports science, contributing to academic knowledge and development.
 - Provide academic guidance and support to students throughout their educational journey.
- ✓ **Government services Officer** **Aug 2024 - Jan 2025**
Ministry of Digital Economy and Entrepreneurship, Jordan.
 - Supported the rollout and activation of digital identity services and assisted citizens in using government digital platforms.
 - Provided technical support, resolved user issues, and served as a liaison between citizens and government digital services.
 - Promoted digital literacy and awareness during national service campaigns.
- ✓ **Badminton Coach** **March 2023 – present**
Jordan Badminton Federation, Jordan.
 - Train and develop badminton players through structured physical and technical training programs.
 - Design individualized training plans based on athletes' abilities, performance, and development needs.
 - Monitor performance and prepare athletes for competitions while promoting fitness, discipline, tactical awareness, and sportsmanship.

Education

- ✓ **Master's Degree in Physical Education** / Yarmouk University, Jordan. **2021 – 2022**
GPA: Very Good.
Thesis: "The Level of Health and Psychological Care Provided to the Jordanian National Teams of Racket Games from Their Point of View"
- ✓ **Bachelor's Degree in Physical Education** / Yarmouk University, Jordan. **2017 – 2021**
GPA: Very Good.

RESEARCH, PUBLICATIONS & CONFERENCES

Published Research:

- First Author: **“The Level of Healthcare Provided to Jordanian National Racket Team Players”** *Rawafed Journal for Studies and Research in Sports Sciences*, Vol. 3, No. 2, pp. 11–20, **2023**.
- Sole Author: **“A Scientific Analysis of the Role of Physical Education in the Educational and Health Systems”** *Rawafed Journal for Studies and Research in Sports Sciences*, Vol. 5, No. 2, pp. 19–33, **2025**.
- Co-Researcher: **“Predictors of Physical Activity Among University Students in Jordan: The Role of Health Awareness and Socio-Demographic Factors”** *International Journal of Kinesiology and Sports Science*, Vol. 14, No. 3, p. 79, **2026. Scopus Q3**.
- First Author: **“The Level of Psychological Care Provided to Jordanian National Racket Team Players from Their Perspective”** *Jordanian Journal of Physical Education and Sports Sciences*, Vol. 4, No. 3, Accepted for Publication, December **2026**.
- First Author: **“Health Behaviors and Achievement Motivation in University Sport Students”** *Journal of Education and Health Promotion*, **Scopus Q2**. Accepted for Publication, August 2026; Forthcoming July **2027**. DOI: 10.4103/jehp.jehp_1128_26.
- First Author: **“Influence of Fitness Trainers on Mental Health of Health Club Members in Irbid”** *Journal of Sports Science and Physical Education, King Saud University*. Forthcoming, **2027**.

CONFERENCES:

- Co-Researcher: **“The Effect of Physical Activities and Massage on Quality of Life for a Girl with Cerebral Palsy”** (Presented at the International Yarmouk Conference, Yarmouk University, Irbid, Jordan May 2023).
- Principal Researcher: **“Comparative Study on Psychological Differentiation Among Students in Individual vs. Group Sports”** (Presented at the International Yarmouk Conference, Yarmouk University, Irbid, Jordan October 2024).
- **Administrative Committee Member** – International Sports Conference, Jadara University, Irbid, Jordan | May 2025.

SCIENTIFIC MEMBERSHIP

- **Member** – Arab Society for Biomechanics and Locomotor Behavior **March 2023– present**
- **School Football Player** – Ministry of Education / Directorate Team, Jordan **2015–2016 Academic Year**

PROFESSIONAL COURSES & CERTIFICATIONS

- **Introduction to Data Science** - Cisco Networking Academy & Jadara University.
- **Introduction to Artificial Intelligence** - Cisco Networking Academy & Jadara University.
- **Introduction to Cybersecurity** - Cisco Networking Academy & Jadara University.
- **Physiotherapy** – Queen Rania Center.
- **ICDL** – Computer Skills.
- **Research Methodology & Scientific Publishing** - Arab Society for Biomechanics and Locomotor Behavior.
- **Community Sports Leaders** – Jordan Olympic Committee.
- **Badminton Referee** – Jordanian Badminton Federation.
- **Shuttle Time Instructor Certification** - BWF.
- **Table Tennis Coach** – International Table Tennis Federation.
- **Ground Tennis Referee** – Jordan Tennis Federation.
- **Swimming Referee** – Jordanian Swimming Federation.
- **Athletics Referee** – Jordanian Federation of Deaf Sports.
- **Tournament Organization** – Jordanian Deaf Sports Federation.
- **Other practical, research, and volunteer certificates.**

CORE SKILLS

- University Teaching & Academic Instruction
- Physical Education & Sports Science
- Scientific Research & Academic Writing
- Research Methodology
- Sports Coaching & Athlete Development
- Badminton Training
- Sports Psychology & Mental Health Support
- Health & Psychological Care for Athletes
- Student Academic Guidance
- Curriculum Support & Development
- Technology & Artificial Intelligence
- Data Science Fundamentals
- Cybersecurity Fundamentals
- Microsoft Excel
- Communication & Interpersonal Skills
- Teamwork & Collaboration
- Problem Solving

Languages

- **Arabic:** Native.
- **English:** Good.

REFERENCES

Prof. Dr. “Zain Alabedin” M. Bani Hani

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❖ All documents and references are available upon request.